InfoCARE

Supporting Informal Caregivers of People with Dementia

INFOCARE

About Us

InfoCARE is dedicated to enhancing the lives of informal caregivers and individuals caring for People with Dementia (PwD). Our focus is on providing practical support through non-formal education, aimed at improving social interactions and lessening the burdens faced by families.



Project Result 2 -Remote caring -- Mind Stimulating Activities Through New Technologies-

Project Result 2 (PR2) focuses on developing and implementing remote and digital stimulating activities tailored for dementia patients. In response to the challenges posed by the COVID-19 pandemic, PR2 aims to empower careaivers with innovative solutions to maintain social interactions and support patients in various stages of dementia.

Within PR2, two essential modules have been developed to empower caregivers in dementia care. The "**Digital Literacy Manual**" -Module 1- equips caregivers with key digital skills, covering account creation and device linking. The accompanying "Familiarize with Interface Videos" -Module 1- provides visual guidance on navigating smart devices.

In the second module, "Manual Remote **Caring: Mind-Stimulating Activities for** Dementia Patients and Activity Videos," caregivers access a comprehensive guide covering remote caring activities for both early and advanced-stage dementia patients. The associated Videos" "Activity of Module 2 demonstrate recommended activities. enhancing accessibility for caregivers. These modules in PR2 blend digital literacy with practical, stimulating activities, enriching dementia care practices.



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Impact

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- Increased digital literacy in caregivers.
- Enhanced quality of support for families and professionals working with dementia patients.

Who am 12

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- Acknowledgment of difficulties related to advanced stages of dementia.
- Eased stress and burden on psychological, emotional, and financial levels.
- Improved caring and assistance conditions for caregivers.



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Modules

Module 1

Digital Literacy Manual :

- Essential Digital Skills for Caregivers
- Creating Accounts and Linking Devices
- Exploring Setups

Familiarize with Interface Videos:

• Visual Guidance for Smart Device Navigation

Module 2

Remote Caring: Mind Stimulating Activities for Dementia Patients Manual:

- Comprehensive Guide for Remote
 Caring
- Activities for Early-Stage Dementia
- Activities for Advanced Stage Dementia Activity Videos:
 - Visual Demonstrations of Recommended Activities

PR2 stands as a testament to the project's commitment to transforming dementia care. By embracing new technologies and tailoring activities to different stages of dementia.



INFOCARE

Website



Social Media Accounts









