



INFOCARE

About Us

InfoCARE is dedicated to enhancing the lives of informal caregivers and individuals caring for People with Dementia (PWD). Our focus is on providing practical support through non-formal education, aimed at improving social interactions and lessening the burdens faced by families.



Project Result 1: Training on Cognitive Activities

Project Result 1 aimed to enhance social interactions between informal caregivers and PwD, providing effective assistance tools, reducing family burdens.

To achieve these goals, the project developed specialized modules on empowering caregivers with crucial skills to support PwD.

The modules cover understanding and identifying dementia, assessing prevention strategies, providing tips and engaging activities for early-stage dementia, and adapting activities for simplicity and enjoyment in advanced stages. These modules collectively equip caregivers with practical tools and foster a supportive community for comprehensive dementia care.

Modules

- 1 Recognizing Symptoms,
- 2 Prevention,
- 3 Early-Stage Dementia Activities,
- 4 Advanced-Stage Dementia Activities.



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the European Union

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Aims



Why Mind Stimulating Activities Matter:

- Promote social engagement between caregivers and PwD.
- Enable families to provide better assistance.
- Alleviate the social, economic, and emotional burden on families.



Projected Outcomes:

- Improved social interactions between caregivers and PwD.
- Practical tools for caregivers to navigate the unique challenges of remote caregiving.



INFOCARE

Website



Social Media Accounts



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