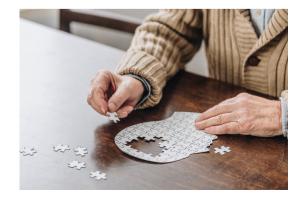
## InfoCARE Supporting Informal Caregivers of People with Dementia

# INFOCARE

### **About Us**

InfoCARE is dedicated to enhancing the lives of informal caregivers and individuals caring for People with Dementia (PwD). Our focus is on providing practical support through non-formal education, aimed at improving social interactions and lessening the burdens faced by families.



# Project Result 1: Training on Cognitive Activities

Project Result 1 aimed to enhance social interactions between informal caregivers and PwD, providing effective assistance tools, reducing family burdens.

To achieve these goals, the project developed specialized modules on empowering caregivers with crucial skills to support PwD.

The modules cover understanding and identifying dementia, assessing prevention strategies, providing tips and engaging activities for early-stage dementia, and adapting activities for simplicity and enjoyment in advanced stages. These modules collectively equip caregivers with practical tools and foster a supportive community for comprehensive dementia care.

### **Modules**

**1** Recognizing Symptoms,

2 Prevention,

SEarly-Stage Dementia Activities,

4 Advanced-Stage Dementia Activities.



This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

## Aims

- Improve Social Interactions for caregivers and PwD.
- Enhance Assistance with effective tools for families and individuals with dementia.
- Reduce Burdens on families -social, economic, and emotional.

#### \* \* \* \* \* \* \* \*

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### Why <u>Mind</u> Stimulating Activities Matter:

- Promote social engagement between caregivers and PwD.
- Enable families to provide better assistance.
- Alleviate the social, economic, and emotional burden on families.



# **Projected Outcomes:**

- Improved social interactions between caregivers and PwD.
- Practical tools for caregivers to navigate the unique challenges of remote caregiving.



INFOCARE

Website



### **Social Media Accounts**







